



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FALL INTO A BETTER YOU

FAMILY	\$55/MONTH
ONE PARENT FAMILY	\$45/MONTH
ADULT	\$35/MONTH



Strengthen your body and mind this fall! Whether you're continuing great habits or creating new routines, the Y is the perfect place to achieve your wellness goals.

Your Meriden–New Britain–Berlin YMCA membership offers you:

1. Lots of fun group exercise classes which are included with your membership for no extra fee
2. Cardio equipment to get your heart pumping
3. Fully equipped fitness centers to build your strength
4. Heated indoor pools to swim laps, enjoy water aerobics and open swim time
5. Indoor Track for walking and running (Meriden)
6. Basketball and racquetball courts to get your game on
7. Child Watch babysitting service included while you work out
8. Special lower full member rates on programs and summer camp

Sign up between September 23rd and October 31, 2021. No joiner's fee. No contracts. Offer valid for new memberships, those members coming off a summer membership special, and any previous members who have not returned yet since we reopened in June 2020. May not be combined with other offers. Membership drafted out of a bank or credit card account.

Contact for more information and to schedule a tour:

* Carmen Chaparro at the Meriden YMCA at 203.440. 0260 or cchaparro@meridenymca.org

* Desiree Rivera at the New Britain YMCA at 860.229.3787 or drivera@nbbymca.org

MERIDEN–NEW BRITAIN–BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

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